

Breakfast

Oatmeal

Apple and Cinnamon

Brown Sugar and Maple

Plain with your choice of: Butter, Sugar, Milk, Blueberries, Peaches, Mixed Berries, or Walnuts

Bagels

Raisins and Cinnamon (Toasted or Not Toasted)

Plain (Toasted or Not Toasted)

Choice of the following toppings: Butter, Cream Cheese, Grape Jelly, or Peach Preserves.

Eggs

Hard Boiled or Scrambled

Choice of Buttered Toast or Avocado Toast.

Choice of Sliced Peaches or Apples.

Waffles

Choice of toppings: Butter, Syrup, Maple Syrup, Strawberries and Whipped Cream, Blueberries, or Mixed Berries.

Cream of Wheat

Choice of toppings: Butter, Sugar, Milk, Blueberries, or Walnuts.

Choice of Sliced Peaches or Sliced Apples.

Soups

Homemade Chicken Noodle

(Roasted Chicken, Carrots, Celery, Onion and Egg Noodles)

Potato

Cheese and Russet Potatoes, Can Add Fresh Chives or Bacon Bits.

Broccoli

Cheese and Broccoli Florets

Sandwiches/Wraps

Chicken Salad Sandwich

Made With Smoked Chicken Breast, Mayo, Celery, Grapes, Walnuts, Green Onion, Parsley, Lemon Juice.

Comes With Your Choice of Fresh Celery and/or Carrot Sticks.

Smoked Chicken Wrap

Smoked Chicken Breast, Bacon Bits, Avocado and Lime/Cilantro Aioli in a Multi-Grain Wrap.

Served With Apple Slices.

Grilled Cheese

Classic Grilled Cheese Sandwich.

Served With Your Choice of Sliced Fruit.

Lunch/Dinner

Slow Cooked Roast

Pot Roasted Beef, Onions, Carrots and Potatoes.

Lemon Herb Chicken

Grilled Lemon and Herb Chicken Breast.

Served with Parsley Buttered Golden Potatoes and Spinach.

Citrus Smoked Salmon

Oakwood Smoked Citrus Salmon.

Served With Wild Rice and Roasted Sweet Potatoes.

Cornish Hen

Smoked Cornish Game Hen.

Served with Riced Cauliflower and Green Beans.

Pork Chops

Grilled Boneless Pork Chops.

Served With Mashed Potatoes and Steamed Broccoli.

Rotisserie Chicken

Slow Cooked Smoked Chicken.

Served with Sweet Potato Cassarole and Homemade Mac & Cheese.

Quail

Grilled Smoked Quail.

Served With Wild Rice and Roasted Asparagus.

Smoothies

Vanilla

Your Choice of Add in Fruit: Apples, Banana, Peach, Blueberry, Mixed Berries or Strawberries.

Chocolate

Snacks

Snack Bars

Vanilla Pecan Crisp, Vanilla Carmel Pretzel, Strawberry Shortcake, Strawberries and Cream, Oatmeal Squares or Peanut Butter & Dark Chocolate.

Fruit

Apple, Banana, Peaches, or Grapes.

Pudding/Jello/Yogurt

Vanilla Pudding

Butterscotch Pudding

Strawberry Jello

Peach Yogurt

Strawberry Yogurt

